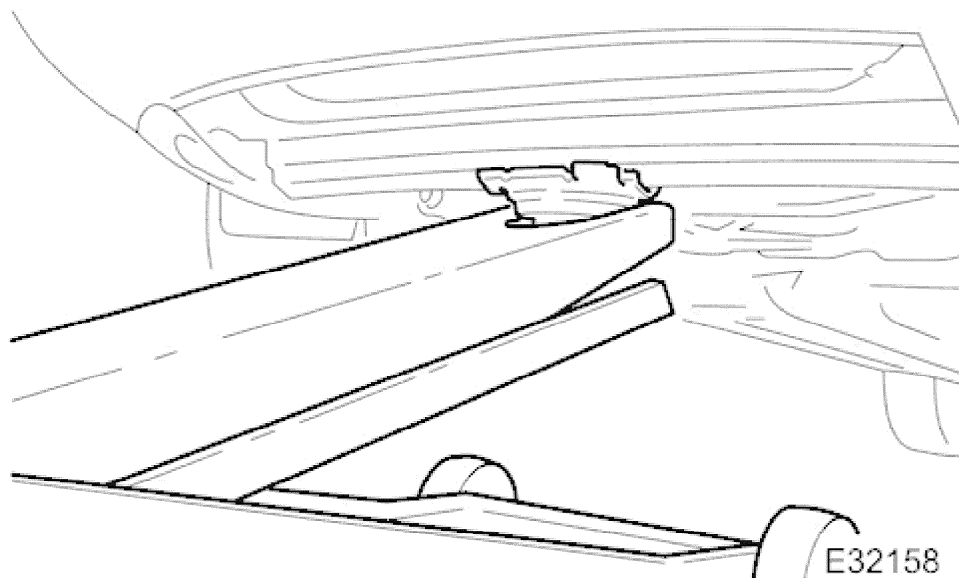


Using the Workshop Jack

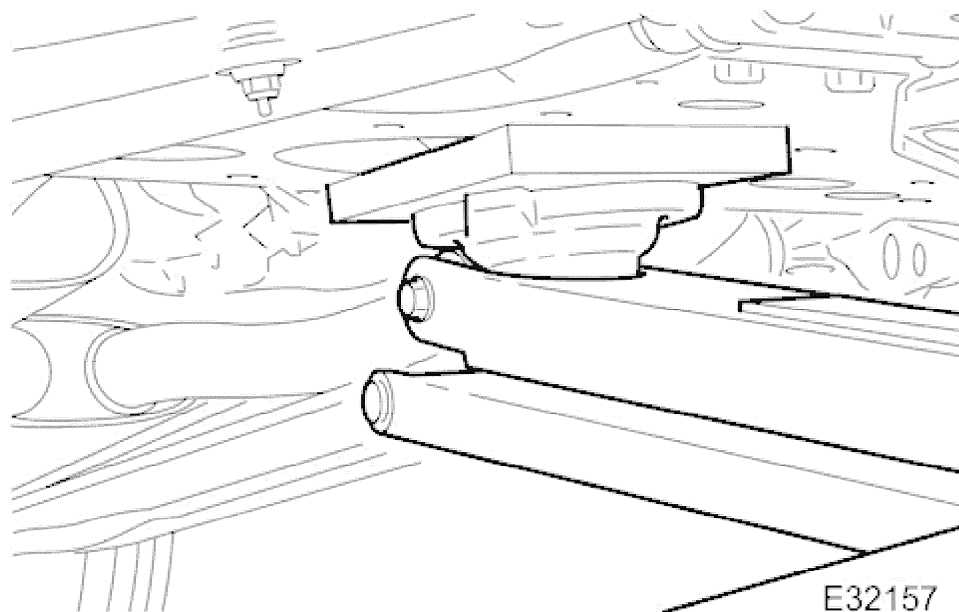


1.  **WARNING:**
DO NOT ATTEMPT TO RAISE THE VEHICLE BY LIFTING ONE FRONT WHEEL.

 **WARNING:**
DO NOT POSITION THE JACK HEAD ON THE ALUMINUM SUSPENSION CROSSBEAM.

To raise both front wheels:

1. Position the jack centrally under the front body crossmember.
2. Raise the vehicle.
3. Place suitable vehicle stands in position at the front vehicle jacking points.
4. Lower the vehicle onto the vehicle stands.



2. To raise both rear wheels:

1. Position the jack centrally under the rear suspension subframe.
2. Place a block of wood between the jack head and the subframe.
3. Raise the vehicle.

2004 XK RANGE - Jacking and Lifting - 100-02

4. Place suitable vehicle stands in position at the rear vehicle jacking points.
5. Lower the vehicle onto the vehicle stands.