

Torque Spec's for Front Suspension 2003 XK8

Nm	Ft lbs	Description
60-80	44-60	Lower Ball Joint nut
60-80	44-60	Lower Shock nut
113-153	83-113	Wishbone rear arm pivot nut
113-153	83-113	Wishbone front arm pivot nut
22-28	16-20	Front Stabilizer bar bushing mount
60-80	44-60	Front Stabilizer bar link top
39-55	29-40	Front Stabilizer bar link bottom
128-172	94-127	Lower Wishbone connector bolts
113-153	83-113	Lower Wishbone Fulcrum bolts
98-132	72-98	Upper Wishbone Fulcrum bolt
26-34	20-25	Upper Shock Mount nuts (3)
60-80	44-60	Upper Ball Joint nut
71-85	52-62	Tie rod nut and lock nut
25-30	19-22	Disc Brake Guide Pins
140	103	Caliper Carrier
102	75	Wheel Nuts
40-50	30-37	Steering Rack Bushing Mounts
22-28	16-20	Steering Pinion Shaft to Steering Column nut.

There's no spec in the JTIS for the upper shock nut on the upper shock bushing as it says to replace this as an assembly.